



# ANNUAL REPORT 2019-2020

## Progress Report FY076/077

ABC NEPAL Koteswor, Narephat

2019-2020

## **1. Profile of Organization**

### **1.1 Background of ABC Nepal**

#### **1. Introduction**

ABC Nepal is a non-profit human rights organization established in the year 1987. It is the first organization in Nepal that raised the issue of human trafficking and worked for sensitizing the various segments of society on gross violation of human rights. The organization advocates gender equality by promoting women's, children's and adolescent girls' social, economical, and educational empowerment and raising awareness in all issues that affect women the most.

ABC Nepal has a wide presence in the terai as well as in the hill districts of Nepal. ABC Nepal has long experience in right based programming focusing on children, adolescents and women. It has been involved in mobilizing communities, interest groups, civil societies for issue based advocacy to address social issues and various development needs. The organization believes in building strengths and capacities of the communities through proper and strong social mobilization so that they can enhance their access to rights and entitlements. Wide organizational network, coordination, and collaboration with varied development agencies and stakeholders are the main strengths of the organization. Its current strategic plan has focused on eight thematic areas: a) Trafficking in Person, b) Education for all, c) Safe Migration, d) Food Security and Sustainable Livelihood, e) Reproductive Health, Safe Motherhood and HIV/AIDS, f) Water and Sanitation, g) Micro-finance and Cooperatives and h) Lobby and Advocacy

#### **Vision**

Society free from exploitation and ensure human dignity

#### **Mission**

To raise overall status of marginalized community with special focus on women and youth

#### **Goal**

Empowering Dalit, Vulnerable and Marginalized People on their rights with focus on Women and youths.

#### **Objectives**

- To prevent and protect trafficking in person through rescue, rehabilitation and reintegration and ensure justice

- To build the collective strengths and negotiation skills of client communities, CBOs and other stakeholders on Reproductive health, nutrition, water and sanitation, livelihood, child rights, education and gender.
- To facilitate economic empowerment of the Dalits and marginalized people through Sustainable Livelihood and create awareness on food security
- To lobby the government to formulate and implement laws in accordance with international instruments and national laws related to women, children and adolescents
- To promote and protect the rights of women mobility for Safe Migration
- To provide support and enable child/adolescent friendly educational environment for access, retention, completion and lifelong education
- To create awareness on Reproductive Health, Safe Motherhood and HIV/AIDS
- To promote and strengthen community based micro-finance and cooperatives
- To enhance the access of Dalit and marginalized communities on safe water and create awareness on environmental sanitation
- To strengthen duty bearers and right holders to lobby and advocate on social, economical and cultural issues.

## 2. Executive Committee (Board of Director) of the organization

An Executive Committee, consisting of eleven members, provides the policy guidelines and manages ABC Nepal. These members are experienced social workers and professional. Furthermore, Committee members and technical team provide voluntary services in areas in which they have expertise and experience. A detail of executive committee and organizational structure and organizational chart (organogram) is mentioned in Annex - I and Annex - II.

## 3. Area of Operation

ABC/Nepal has a wide presence in the terai as well as in the hill districts of Nepal. Currently, it is actively working in the 15 districts of the country. These include Kathmandu, Lalitpur, Bhaktapur, Dhading, Ramechhap, Jhapa, Morang, Sunsari, Dhanusha, Sindhupalchowk, Rupandehi, Nawalpur,Parasi, Makwanpur and Parsa.

Table 1: Details of Organization's Experience

S. N.	Name of Project	Working District	Started Date	Completed Date	Partner/Donor
1.	Work in Freedom Project	Rupandehi	September 2018	On-going	UN-ILO
2.	Mangala sahana Rehabilitation home	Kathmandu	2015	On-going	Ministry of women, children and senior citizen
2.	Support to Rehabilitation Centre	Kathmandu	April 2010	On-going	Landmark

S. N.	Name of Project	Working District	Started Date	Completed Date	Partner/Donor
	for rescued girls				Foundation, Sweden
3.	Support to rescue, rehabilitation and reintegration to victims of trafficking girls	Kathmandu	June 2008	On-going	Ministry for Women, Children and Senior Citizen, Nepal
4.	Adolescent Empowerment Program in Nepal (SAMVAD)	Rupandehi and Nawalparasi	July 2018	Ongoing	Stromme Foundation
5	Socio-economic Empowerment with Dignity and Sustainability (SEEDS Programme)	Rupandehi and Nawalparasi	January 2014	Dec 2018 Completed	Stromme Foundation
6	Right Based Education for Dalit Youths in Nepal (SAMVAD Programme)	Rupandehi and Nawalparasi	January 2013	Dec 2018 Completed	Stromme Foundation
7	"Shubha Yatra": Promotion and Protection of Rights of Nepali Migration Women	Makawanpur and Rupandehi	January 2011	Completed	EU / Care Nepal
8	"SABAL": Empowerment of adolescent girls and their families, built their confidence and make them self-reliant.	Rupandehi	June 2011	Completed	Stromme Foundation
9.	LIFE project	Rupandehi	Dec 2016	Completed	ILO/KOICA
10	Livelihood support / Income generation activities for survivors	Kathmandu, Morang	Dec 2010	December 2011	IOM-Nepal
11	Awareness Campaign on violence against women with involvement of different stakeholders	Morang, Sunsari, Kathmandu, Nawalparasi, Rupandehi and Nawalparasi	April 2008	March 2011	OXFAM GB-Nepal

<b>S. N.</b>	<b>Name of Project</b>	<b>Working District</b>	<b>Started Date</b>	<b>Completed Date</b>	<b>Partner/Donor</b>
12	HIV/AIDS Prevention programme for migrant workers, their families and community at large	Morang and Sunsari	November 2006	November 2009	The Embassy of Denmark, Nepal
13	Girl Trafficking and HIV AIDS Awareness Education Program	Morang and Sunsari	November 2002	November 2005	The Embassy of Denmark, Nepal
14	Training for peace and conflict resolution	Nawalparasi	October 2007	March 2008	AED/USAID Nepal
15	Combating Trafficking of Women and Children in Nepal	14 VDCs of Nawalparasi	December 2003	September 2004	The Asia Foundation
16	The Gainful Employment / IGA opportunity for girls at risk of trafficking and trafficking survivors	Dhanusha, Dhading, Chitwan and Banke	July 2003	July 2004	The Asia Foundation
17	Support to ABC Nepal for Rehabilitation of Trafficked Girls	Morang, Kathmandu and Rupandehi	October 2006	September 2007	Rotary Club Mt. Everest
18	Care and support to survivors of Trafficking	Morang and Kathmandu	July 2005	June 2006	Doctors of the World
19	Assisted Return and Integration of Trafficked Women and Children in Nepal	Kathmandu	February 2002	January 2004	IOM - Dhaka
20	Empowering women and girls in poor communities through information delivery and dialogue to address HIV/AIDS and Development needs	Ramechhap, Morang	April 2002	October 2003	Equal Access, UNDP
21	Cross boarder programme on capacity building for prevention of trafficking and rehabilitation of potential and rescued victims	21 districts of Nepal adjoining Indian territories	May 2003	April 2006	Planate Enfant
22	Self employment education programme (SEEP) - BF	Morang, Dhanushka and	May 2005	October 2005	World Education

S. N.	Name of Project	Working District	Started Date	Completed Date	Partner/Donor
		Rupandehi			
23	Counseling support to survivors of trafficking	Kathmandu	May 2004	November 2004	The Daywalka Foundation
24	Prevention of trafficking in girls in three districts of Nepal	Sindhupalchowk, Nuwakot,	June 2001	December 2002	ILO
25	Cracking Social Constraints Through Internet and Technology	Kathmandu	July 2017	July 2018 Completed	Effect International
26	Family life education for adolescent girls	Ramechhap and Nawalparasi	July 1996	completed	Centre for Development ad Population Activities

### 1.3 Area of operation

ABC/Nepal has a wide presence in the terai as well as in the hill districts of Nepal. Currently, it is actively working in the 5 districts of the country. These include Kathmandu, Morang, Rupandehi ,Nawalparasi and Jhapa.

### 1.4 Expertise of the Organization

The organization has a strong expertise, backed by a long experience in undertaking capacity building projects. One of the core focuses of community intervention is a transfer knowledge and skills for long-term sustainability. The organization believes in building strengths and capacities of the communities to ensure participation, ownership, democracy and sustainability. On the basis of these principles, it has implemented several projects and has successfully developed the capacities of the communities in managing micro-level developmental program. Some of the programs include:

#### a. Sensitization and Awareness Raising

The programme targets adolescents and women in increasing their awareness and education on existing social issues such as human trafficking, gender based violence, health and sanitation, through a series of capacity-building programs held in schools and colleges on

regular basis. ABC Nepal also conducted radio program to create awareness on human trafficking and violence against women. It also pioneered the use of community radio and built the capacities of communities in managing it and bringing about a positive health behavioral change. Furthermore, It has performed more than 700 street dramas focused on various social issues such as: dowry system, child marriage, domestic violence, polygamy, trafficking, etc.

#### **b. Counseling and Rehabilitation**

The organization has long experience of providing rehabilitation support for the survivors of trafficking and other forms of violence. Since 1996 Rehabilitation Center has been running in Kathmandu for rescued girls/women of survivors of different forms of violence. Rehabilitation center has been providing counseling, residential services, health care services, formal and non-formal education, life skill training, vocational training, seed-money support to the survivors to income generation and legal service as per requirement. Girls/women have been empowered through different services. ABC Nepal has coordinated and collaborated to Indian organization and concerned Nepalese Embassy/Consular Office to rescue trafficked girls and repatriate process of them. ABC Nepal has reintegrated more than 2000 girls/women into their family and society.

#### **c. Women's Leadership Programme**

The objective of the program is to help women to gain self-confidence and knowledge on issues such as violence against women, trafficking, health and hygiene, HIV/AIDS, cooperatives, non-formal education, legal and civic rights and management. Furthermore, ABC Nepal has trained more than 500 women on leadership development.

#### **d. Cross Border Monitoring and programs**

The overall goal of this programme is prevention of trafficking of Nepalese children, young and women for sexual exploitation, forced labour, domestic slavery and the trafficking of organs in India. The programme seeks to create a long-lasting network composed of Nepalese NGOs, elected women members of VDCs and DDCs, Nepal Police Personnel particularly from women and child protection centers. With a major objectives of preventing trafficking and rescued victims, ABC Nepal is strengthening the surveillance in border areas, creating information desk and networks, generating awareness in Villages against trafficking, empowering women representatives and rehabilitating rescued girls.

#### **e. Income generation/Livelihoods Programme**

Basically, ABC Nepal has been working in social and economical both issues. However, first priority has been given in the prevention, protection and prosecution areas of human trafficking, different forms of violence and other social issues.

Furthermore, it has been working in IGA (off-farm and on-farm) sector for the economic empowerment and sustainable livelihood of survivors and deprived/marginalized communities in Kathmandu, Morang and Rupandehi. ABC Nepal has accomplished livelihood related projects (funded by Asia Foundation and IOM) in Dhanusha, Dhading, Chitwan, Banke and Kathmandu Districts. Under this project, various Vocational skill / IGA trainings with material support such as: Tempo Driving, Hotel Management Training, Computer Training, Sewing, Paper Bag Making, Screen Print Training, Beauty Parlour Training and Goat/Pig Husbandry Training. After receiving such training, ABC Nepal had provided seed money as a revolving fund to initiate different IGA by individuals/groups those are highly vulnerable of trafficking, mostly girls, women from dalit and excluded families. Till now, more than 250 women's cooperatives have been achieving economic sustainability. Increasing participation of women and getting financial services has taken place and their livelihood has been improving. 12 Cooperative Groups has been registered under District Cooperatives office and more than 500 women are involved in this cooperative movement in Morang, Ramechhap, Kathmandu, Sindhupalchowk, Nuwakot District



#### **f. Safe migration programme**

Focusing on the current facts of foreign employment, ABC Nepal has implemented Safe Migration SuvaYatra project in 27 VDCs and 3 municipalities of two districts of Nepal: Makawanpur and Rupandehi since January 2011- December 2014. The overall goal of this project is to promoting safe migration and protecting rights of female migrant workers through mobilization and strengthening response of civil society and serves the Nepali migrant women to Gulf Region. The Suva Yatra Project has specific objectives are 1. strengthen capacities and linkage of civil society organization (CSOs) along the mobility continuum to prevent and address exploitative migration and trafficking and 2 Empower potential female migration to make informed choices/decision about migration. Programme was focused on returnee women, potential migrant women, deportee women and migrant women.

ABC Nepal also has been implementing a project named, "Work in Freedom" since 2014 covering 4 municipalities and 1 Rural Municipal and of Rupandehi district with the objective of empower community women including potential women migrant workers with knowledge on safe existing social issues, social structure, access to local level available support services, migration channels, skills training, rights and responsibilities at work, and how to avoid being trafficked.

#### **g. Advocacy and Networking**

ABC Nepal is the lead organization in mobilizing communities, interest group, civil society organizations and government bodies for an advocacy of social issues. It has been involved in several lobbying activities at grassroots level to national level. It works with the linkage with national and regional network activities on issues related to gender, human rights and education and plays a leading role in them.

#### **h. Local, National cooperation / collaboration and International Partnerships**

ABC/Nepal is the lead organization in mobilizing communities, interest groups, civil society organizations and government bodies for advocacy of social issues. It has been involved in several lobbying activities at grassroots-level as well as at the policy-level. It is a member of many national, regional and global networks active on issues related to gender, human rights and education and plays a leading role in them.

In local (VDC) level, ABC Nepal has been working in collaboration with local NGOs, CBOs (different groups, cooperatives, youth clubs) and local government bodies. Many saving and

credit groups and local cooperatives have been formed in different districts and actively functioning in local level for pro-poor financial services and livelihood support under the supervision and technical assistance of ABC Nepal. Similarly, it has been working with different organization in national level and has also meaningful involvement as a member/representative such as: Ministry for Women and Children, Women and Children Office, Kathmandu, NNAGT – National Network Against Girl Trafficking, NANGAN – to combat trafficking and prevent HIV/AIDS, SAFAHT – South Asia Forum Against Human Trafficking, CATW – Coalition Against Trafficking in Women, CAPWIP - Centre for Asia Pacific Women In Politics, SACCPEW - South Asia Coordination Committee for Political Empowerment of Women, Task Force of CEDAW Monitoring Committee and National level Trafficking Control Committee, National Women Council, etc.

Furthermore, ABC/Nepal has worked in partnership with several international organizations on various issues. The partnership has been critical not only in terms of providing financial support, but also in ensuring consistent technical assistance in implementing successful strategies. The organization continues to build meaningful collaborations with likeminded agencies around the world and strengths its advocacy effort on common issues. Some of its partners (past and present) include AUSAID, DANIDA, Planet Enfant, The Asia Foundation, Rotary Club of Attadale, Doctors of the World, UN Geneva, Caritas, UNIFEM, UNDP, ILO, IOM, Plan Nepal, World Education, Global Fund and World Neighbors.

### **1.5 Infrastructural Resources**

ABC/Nepal has its head office in Kathmandu. The office is well-staffed and is equipped with training hall and other essential items. It also has a rehabilitation center here, accommodating victims of trafficking. Besides, there are training centers and branch offices of the organization in Nawalparashi, Rupandehi and Morang Districts of Nepal.

### **1.6 Organizational Resources**

#### **a. Human Resources**

Since the main focus of the organization has been women, most of the staff working with the organization is also women. They actively involved in designing, developing and implementing program intervention for women and men communities.

The senior staff in the organization has considerably expertise in addressing health, education and human rights. As the reach of the organization is considerably spread and has a central office in Kathmandu, it also has capacity to hire professional staff for proposed work to be carried out.

## b. Infrastructure Resources

ABC Nepal has its head office in Kathmandu. The office is well staffed and is equipped with training hall and other essential items. It also has a rehabilitation center here, accommodating survivor of trafficking. Besides, there are training center and branch offices of the organization in Bhairahawa and Morang district of Nepal.

### Contact Information

1.	Name of the Organization	ABC Nepal
2.	Name of the President	Ms. Deepa Bhattarai
3.	Address	PostBox:5135, Koteshwor,Narephant, Kathmandu, Nepal
4.	Telephone no.	01-5149846, 01-5149772
5.	Email	<a href="mailto:abcnepal.ktm@gmail.com">abcnepal.ktm@gmail.com</a> , <a href="mailto:abc.thome@gmail.com">abc.thome@gmail.com</a> website: abcnepal.org.np

## c. Organizational structure

An executive committee consisting of 11 members provides the policy guidelines and manages ABC Nepal. These members are experienced social workers and professionals. Committee members provide voluntary services in area in which they have expertise and experience.

### Founder

**Mrs. Durga Ghimire**

**Mrs. Mira Arjyal**

### Name of Executive Committee of ABC Nepal

S.N.	Name	Position
1	Ms. Deepa Bhattarai	President

2	Mr. Ananda Bahadur Shrestha	Vice-president
3	Ms. Meena Karki	General Secretary
4	Dr. Madhavi Singh	Treasurer
5	Dr. Chapala Koirala	Member
7	Ms. Sharada Pokharel	Member
8	Ms. Haripriya Pandey	Member
9	Ms. Chanda Bista	Member
10	Mr. Salikram Pokharel	Member

### **Staffs**

S.N.	Name of the Project	No. of staff	Volunteer	
1	ABC Nepal Core staff	3		
2	Rehabilitation Center/Transit Home	10	8	
3	SAMVAD & SEEDS	4		
4	SEEDS	11		
5	SAMVAD	12		Part time Animators for 9 months contract- 55
6	WIF Project	11		

### **Running Program**

#### **1. Project Name: Adolescents Empowerment Program in Nepal (SAMVAD)**

ABC Nepal has been implementing Empowering Adolescents “SAMVAD” program in Susta Rural Municipal (Pakalihawa) of Nawalparasi district since July 2018. The program grips the goal of empowering the Dalit and marginalized adolescents along with empowering their families and communities through awareness and education. The program is helping the adolescents along with

their families get aware on their rights, get educated and conscious on their roles helping them get economically productive and empowered in fighting against their social issues which ultimately would help them prevent from trafficking, dowry system, child marriage and ill practices of community. The report covers the programmatic achievement of the intervention of the project period July 2018 to December 2019.

#### Programme progress (July 2018 – December 2019)

##### ***Adolescent's girls empowered to fight against trafficking, exploitation, discrimination, other forms of violence and ill practices.***

All 10 SAMVAD centres were established in June 2018. The SAMVAD centres operated continuing until December 2019 and completed one year of SAMVAD operation cycle. Altogether, 251 SAMVAD Adolescent girls including three girls with disability from Dalit and marginalised communities graduated from the SAMVAD learning process.

All 251 SAMVAD participants' girls themselves have gained a greater understanding of the issues facing their communities while their ability to distinguish negative and positive actions has improved. Parents of the participants girls shared that the behaviours of their daughters also changed and they become more positive and helpful.

After the participation in SAMVAD Centre the family of 201 adolescents developing their Family Development Plan which included (sending their children in school regularly, doing IGA/small business, making home, marriage, sending their members in foreign employment and increase saving). Similarly, 70% (176 HHs out of 251) family of adolescents developed family level commitment, therefore their children are regular in school, adolescent have been able to prevent themselves from child marriage, there is reduction in the use of alcohol that has reduced domestic violence, gender based and caste-based discrimination.

##### ***Adolescents' girls have improved livelihood opportunities through acquiring trade skills and engaging in income generating activities.***

All 251 adolescents were orientated and trained on basic Agriculture and Livestock's during the Samvad Operation time by Government Officers which enhanced the capacity of adolescents to initiate the small business orientated Income Generating Activities like Vegetable farming, Goat raising and Small Grocery etc. In collaboration with local government of ward committee, altogether 62 girls were trained on Sewing cutting, Cushion (mattress), Doll, bamboo chair (stool) making skills during the period. All girls were supported with materials and cash of equivalent of NPR 281,500/- as a start up the business from the support of local government. Furthermore, 40 additional girls were oriented to run small business-like small grocery, goat raising, pig raising, cosmetic shop, sewing cutting and *chatpate (street snacks)* and provided initial investment capital of NPR 12000 to 25,000 as a start-up fund. 30 girls who were trained and supported for vegetable production which was reported in pervious reporting (July 2018 to December 2019) are continuing their engagement in IGA and earning average NPR 1500/- to 4000/- per month individually.

## Objectives and indicators:

Objectives	Indicators	Achievement
<b>Objective 1:</b> By the end of 2019; 200 adolescent's girls empowered to fight against trafficking, exploitation, discrimination, other forms of violence and ill practices.	70% of adolescents from Dalits, excluded and marginalized families have improved life Sills and good practices	80%, 201 (out of 251) of adolescents from Dalits, excluded and marginalized families have improved life Skills and good practices
	80% adolescents report confidence in protecting themselves from trafficking (in/ outside the country)	85%, 231 (out of 251) adolescents report confidence in protecting themselves from trafficking (in/ outside the country)
<b>Objective 2:</b> By the end of 2019, 200 adolescents' girls have improved livelihood opportunities through acquiring trade skills and engaging in income generating activities.	60 % trained/ Skilled adolescents increased their annual income by 20% through improved livelihoods initiatives	40 adolescents have increased their annual income and total income NRs. 1815000/-
	70 % adolescents involved in saving & credit activities and their savings increased by 10% (from their first saving)	49%, 124 (out of 251) adolescents involved in saving and credit activities and they had saved NRs. 87550/-
<b>Objective 3:</b> By the end of 2019, Dalit, marginalized communities are organized and capacitated to fight against injustices, social taboos and culturally deep-rooted malpractices.	Adolescents received services from Government and other service providers for discriminatory laws	62 Adolescents received services from Government and other service providers for discriminatory laws
	At least 65 % of Dalit and other excluded communities demonstrate improved unity, solidarity and confidence to address malpractices	65%, 163 ( out of 251) of Dalit and other excluded communities demonstrate improved unity, solidarity and confidence to address malpractices
	Advocacy / campaigns facilitated by Dalit communities (including adolescents, parents and interest groups) to address trafficking, discrimination and other violence in the community	23 Advocacy / campaigns facilitated by Dalit communities (including adolescents, parents and interest groups) to address trafficking, discrimination and other violence in the community

Objectives	Indicators	Target for year	Achievement of the	Justification
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**Result log sheet:**

Empowerment of adolescents to fight against trafficking, exploitation, discrimination, other forms of violence and ill practices	10 girls SAMVAD centres established at community level	10	10	
	boys SAMVAD centres established at community level	0	0	
	200 adolescents enrolled in SCs	200	251	
	75% (7) of SCs developed SAMVAD development plans	7	10	
	10 Animators received ToA on SAMVAD centres operation	10	10	
	2 Supervisors and other key field staff received ToA on SAMVAD centres operation	2	2	
	10 SSTs formed and trained to support SAMVAD centres	10	10	
Improvement of livelihood opportunities through acquiring trade skills and engaging in income generating activities	60% of adolescents supported with basic inputs to start on-farm and off-farm trades / IGAs	120	40	
	70% of adolescents (i.e. supported with inputs for IGA) developed business plan for IGAs	140	40	
	70% of adolescents (where saving group started) opened savings account with individual pass book	140	124	
	70% of SCs (where saving group started) developed rules & regulation for saving & credit management	7	7	



Strengthening Dalit and marginalized communities to fight against injustice, social taboos and culturally deep rooted malpractices	Stakeholders including government official have supported with services at local level	0	62	
	Dalit, marginalised and anti-trafficking networks addressed human rights issues at local level and national level	0	23	

***Dalit, marginalized communities are organized and capacitated to fight against injustices, social taboos and culturally deep-rooted malpractices.***

All the SAMVAD centres completed one year of operation cycle in June 2019 and ABC Nepal facilitated to form graduate forums and linked all forums with existing Graduate Networks that were promoted from funding support of NORAD fund by 2017. All the newly formed graduate forums have developed their long-term development vision and annual operational plan. Even after the graduation SAMVAD girls are continuing operation of 9 Mother SAMVADs once in a week where adolescent voluntarily facilitate women to teach them on basic numeric, importance of savings, pertaining issues of community and help to develop plan of action for organising campaign against those issues.

Altogether 147 mothers and 248 children are participating in Mother SAMVAD and Baal Bagaicha respectively. Due to children participation in Baal Bagaicha they become regular in school and behaved their elders respectfully. Their reading and writing habit is improved.

During the reporting period, all 60 SAMVAD graduate forums and 17 networks funded by NORAD in 2017 were mobilised. According to the action plan of forums and networks altogether 16 events of social campaigns organised to create awareness on against social malpractices on education, domestic violence, sexual abuse, child rights/protection, corruption, child marriage etc. Because of these campaigns, 2-child marriage were stopped though their date for marriage was fixed, 19 school drop-out SAMVAD participant girls out 52 girls in all 10 SAMVAD centres are readmitted in the school, with the help of adolescents girls 6 children got birth registration certificate and 5 adolescents awarded citizenship certificate from authorities

### Challenges

- Local stakeholders / political parties were interested only in hardware programs, which leads to their less interest in software/ empowerment programs.

- Due to limited resources and limited number of SAMVAD program support from Kruse Smith, ABC have planned limited number of staff where most of senior organization staff are voluntarily working in the project.

### Learning

- The program was led by the adolescents so it contributed in their leadership ability and empowerment
- The program made them able to access the local resources and also tap for community funding
- The adolescents were able to mobilize the community stakeholders and local government as the stakeholders felt more ownership when approached by the adolescents.
- Exposure visit and interaction among different SK is more effective to sharing best practices/learning.
- When wider community actors like teachers, parents, community leaders are engaged in social campaigns, they own the issues and helps to bring change quickly.

## 2. KAVELI

### Program Introduction

ABC Nepal had been implementing adolescents led SAMVAD program supported by Stromme Foundation Nepal. SAMVAD is referred as a 'dialogue' in Nepali word where 20 to 25 adolescents have their meeting in one place and discuss their own problems as well as community issues. It is a non-formal community based education process designed especially for the out of school, who never been to school (aged 13-19 adolescents). This programme is about Adolescents Empowerment Program, meant to educate adolescents from Dalit, and marginalized communities on life skills and socio-economic issues that affect their lives while schooling them with literacy and vocational skills. The report covers major progress during the period of January 2020 to June 2020.

### Program Progress

### Key Achievements (January-June)

- The three adolescents from Palinandan Rural Municipality were provided with proposal writing training by Mauri Home in Palinandan which helped the adolescents to make the plan and submit in concerned authority and ask for the services they can be benefited. This training has helped a lot to make the proposal and submit to the concerned authority by adolescents themselves and get the services they can get they were not aware of.

- The adolescents were given training on the Sanitary Pad making by Palinandan Rural Municipality which helped the adolescents to know the fatal consequences of unhygienic behavior and improper sanitation.
- Palinandan Rural Municipality contributed 1000 rupees each to ten adolescents and distributed four school bags to four adolescents which motivated them to do the creative activity and involve in such training.
- Ward Chairperson of Sarawal shared their view and the services given by the ward office with the adolescents and has been supportive.
- The adolescents initiated the Muthidan (Fist donation) program to support the poor families during the pandemic. With the program they supported 738 HHs of SAMVAD adolescents and 2153 families outside of the SAMVAD who were vulnerable and were in need.
- Adolescents helped the local government in campaigning against the CORONA virus by spreading messages through pamphlets.
- The local government helped in installing the hand pump to our adolescents Najiya Khatun because they have been facing the problem of water and their economic condition.
- Saathi sanga Maan ka kura has also started and it has been helped the adolescents to share their feelings.
- The animators and adolescents have provided counseling to 28,873 population on preventive measures of COVID 19 on their nearby household in our working areas.
- The 63 SAMVAD centers (1446) have been regularly operating from June and all the activities have been done as compared to the lockdown period. The 63 SST (441) meeting has been conducted to discuss on the problem occurred or anything which should be discussed. The Balbagaicha has also been smoothly operating in 63 centers (1279 B-692, G- 587) and a calendar for Balbagaicha has been printed so that the learning can be made in systematic way. The content has been printed in the form of calendar annually and adolescents have discussed on that particular topic. They discussed on the disease and their safety and hygiene. The children have changed the behavior pattern and now they are aware of the consequences of bad sanitation and hygiene. They discussed on animals name, plants name and flowers name and now they are able to say the names fluently. The attention in Balbagaicha to the every child has made their boost the confidence level of children and seeing their progress in such a way mothers are also pleased to send their children. Their time has been utilized and the learning has been flourished.

**किशोर किशोरी सशक्तिकरण “संवाद कार्यक्रम”**

- बाल विद्यालय गर्नु होईन ।
- बालक बालिका जति र विद्या विद्यालय नरोल्थि बासुरु नलिने पुन भुलाउनु ।
- विद्यालय टोल लाग्नु नयाँ ।
- नदी नुहाउनु पछे ।



- विद्यालय विद्यालय गर्नुपर्ने ।
- नदी नुहाउनु नहुने ।
- बालबालिका अलग नदी र सल्लागार्नु नयाँ नदी ।
- घुम्दा, घुम्दा, घुम्दा र त्यसो लाग्नु होईन ।

**बाल बगैचाको बाधिका तालिका**

महिना	रुपचा			
	पहिलो	दोस्रो	तेस्रो	चौथो
फेब्रुअर	बाल बगैचाबाट सुरुवात	पुष्पक नमिकाबाट सुरुवात गर्दा	आम्रपत्र (सोम) बढाउने	शुक्र दिन (मंगल, बुध र शुक्रबार)
मार्च	सुरुवात	आम्रपत्रबढाउने	आम्रपत्रबढाउने	शुक्र
अप्रैल	अभिनव सुरुवात	बोटाबढाउने	सुनारी आम्रपत्र प्रतियोगिता	शुक्रबार
म्याच	सुनारी आम्रपत्र प्रतियोगिता	अनुभव आम्रपत्र	दोस्रो प्रतियोगिता	शुक्र
जुन	सुनारी आम्रपत्र	बाल बगैचा	सुनारी आम्रपत्र	शुक्रबार (सोम) बढाउने
जुलाई	सुनारी आम्रपत्र	परिचालन आम्रपत्र (आम्रपत्र बढाउने)	सुनारी आम्रपत्र	सुनारी आम्रपत्र (सोम) बढाउने
अगस्त	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र
सेप्टेम्बर	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र
अक्टोबर	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र
नोभेम्बर	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र
डिसेम्बर	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र	सुनारी आम्रपत्र







- The Mother SAMVAD (32) 544 participants have also been participating in the learning centre. They said they are fortunate enough to utilize their time and learn the things so that they can be aware of the things happening around the society and they can also be involve and have the participation on that.
- The 1446 adolescents have made their Career Development Plan along with the Family Development Plan. The animators have visited the adolescent's household and prepared the FDP due to COVID 19 situation.
- In the financial support of Stromme foundation radio jingles has been made and played about CORONA Virus in Nepali and in Bhojpuri language. The Jingles have been broadcasted from the radio in our working areas.
- Tree Plantation program in coordination with the local government has been organized. 282 plants have been planted by the adolescents in the Palhinandan RM in their respective houses in the presence of RM chairperson and he was very supportive in encouraging the adolescents and he shared the information regarding the afforestation and the negative consequences of the deforestation.
- The 32 adolescents who have completed the SEE were given the Career Development Orientation by the local government in the Sarawal RM.
- The 1446 adolescents were given IGA training on agriculture in our working areas and 1156 have started kitchen gardening and were very excited to have learnt the techniques of the agriculture and the training was very effective to them.
- The Sarawal RM has allocated the Nrs. 13, 28,000 budget to do the activities on child rights, gender based violence, School SAMVAD, Functional Literacy and child rights training in collaborative way.
- The 126 (106 girls, 20 boys) adolescents have been reenrolled in the school in our working areas and are very eager to go to the school and learnt the new things they haven't learnt yet.

#### Activities done on this Pandemic COVID 19

The program activity was hampered initially when the lockdown started because of the COVID 19 and the utmost budgetary activity have not been conducted during the lock down. The awareness activity of COVID 19 was conducted in our working area. The adolescents were involved in Muthidan Campaign and 738 HHs of adolescents attending the SAMVAD were supported. Also, 2153 vulnerable families were supported from the collected resources.

The organization also supported the distribution of masks, gloves and sanitizers and soaps to the local government. The adolescents also worked in close coordination with the local government in

distributing messages on the preventive measures of COVID-19 using tools like pamphlets. They also provided the rice collected from Muthidan to the local government.

The animators and adolescents have provided the counseling to 28,873 populations on preventive measures of COVID 19 on the nearby household in our working areas. They discussed on the COVID 19 and the signs and symptoms of them, how they can be protected from COVID 19. ABC Nepal has distributed 1000 soaps, 1000 masks and 40 sanitizer to Sarawal Rural Municipal. Adolescents have distributed 325 pcs phenyl and 325 soap to poor families in Sarawal Rural Municipal. Similarly, 450 Sanitizers, 450 mask pcs and 450 soap pcs also have distributed to poor families in Palhinandan Rural Municipal.

In the financial support of Stromme foundation ABC Nepal developed Radio Jingles about CORONA Virus in Nepali and in Bhojpuri language and the jingles have been broadcasted from the radio in our working areas and are benefiting the community people. In during the pandemic the organization also provided some monetary support to the Sarawal and Palinandan Rural Municipal.

## Learning

- The tuition to the children were given by the NETWORK members in 20 centers and this has been the best option during the lock down period because the children time has been utilized and their learning has been the utmost priority given in pandemic period too.
- The SST were actively involved in addressing the problem and the issue and to discuss on all the solutions that are needed to overcome the issue immediately.
- Capacity building training has been given on preventive measures of COVID 19, Child rights and child protection and GBV to the staff, animators, FORUM members, NETWORK members and the adolescents.
- The meeting has been conducted after completing the chapter so that all the centers have the same timing of completion and the chapter can be discussed again so that the learning can be effective. This meeting and discussion has helped the Animator to review and discuss on the content they are going to discuss in the SAMVAD center.
- The virtual meetings were seen effective for monitoring and the staffs are seen as getting comfortable with the technological advancement which will make the implementation of the project easier in coming days.

## Challenges

- The tuition centers have been fruitful but due to COVID 19, we were unable to give the tuition classes to other children.

- The COVID 19 cases were seen in the SUSTA, SARAWAL and PALHINANDAN so the activity was interrupted in initial days.
- The budgetary activities were interrupted due to the COVID 19 but the adolescents were constantly involve in the demonstration of proper hand washing with the soap and other awareness programs targeting COVID-19.
- In-field monitoring were seen as difficult during the lock down period

### 3. Work in Freedom

ABC Nepal has been implementing “Work In Freedom” Project Phase II in Rupandehi with financial and technical support of International Labor Organization (ILO). This area is one of the highest ranked trafficking prone zones in Nepal. Rupandehi itself being at 8<sup>th</sup> position on foreign employment migration list is bordered with Nawalparasi district which is Nepal’s 5<sup>th</sup> most involved district in foreign employment and 3<sup>rd</sup> ranked in the death tolls in foreign employment along with vulnerability caused by India’s open borders, poor border security and easy access and conditions of weak economy at home, many women from Nepal are trafficked via this region in course of seeking job opportunities across border.

**Objective 1:** Enhance the capacity of project staff and key stakeholders to deliver and monitor project interventions

#### Activities Conducted

- Orientation and planning meeting to Social Workers and Staff at District Level:** The Orientation and planning meeting was organized amongst project staffs including Social Workers for the proper implementation of the project.
- Monthly meeting with staffs and Social Workers:** The monthly staffs meeting was conducted with Social Workers to discuss different agendas like learning sharing, progress follow up, target group selection, coordination with local Government and other stakeholders and other major achievement of field activities.
- 15 Days residential TOT (Capacity Building Training) to WIF Team (SWs and Core Staffs) in regard to the concept of project.** Program Team including 4 Social Worker, Training and Documentation Officer, Project Coordinator and Executive Director were trained on program proper implementation guideline, documentation, one day and two day training manual and other related skills and knowledge which was organized with an objective of building common understanding of the project. It was accomplished and conducted in Godavari Village Resort, Lalitpur, Kathmandu

**Objective 2: Empower marginalized women in areas with high outflows of female migrant workers with knowledge and skills to exercise their rights, access entitlements, and access jobs safely both locally and abroad**

**Activities Conducted**

- a. Mobilization of Social Worker to execute project activities (door to door visit, ward session, pre decision training, etc. :** Social Workers are mobilized to delivered proper information to the target group on services, provisions and opportunities of local government and other stakeholders. Social Workers supported to household to make citizenship, birth registration, marriage registration, Social Security and allowance for Child Nutrition. Total-1948 households and interacted on various issues like Equality and Labor, Women Labor, Right of Labor, Challenges and solution, Women and Foreign Employment and law and Act. Similarly, SW coordinated with Ward Office, Municipality and other stakeholders for advocacy of women issues like polygamy, women violence and so on. *Except delivering information on safe migration SWs support community people in making Identity Card of disable person, citizenship, birth certificate, social security facilities, death certificate, marriage certificate and many more.*
- b. Conduct orientation sessions to women groups and existing women groups:** Altogether, 1236 women have participated from the respective community in one day orientation. The orientation was conducted in Siyari Rural Municipal, Devdaha Municipality, Sainamaina Municipality, and Tilotama Municipality at Rupandehi district. It was conducted with two major objectives 1- Gender equality, the value of women’s work and mobility choices, 2- understanding women’s work opportunities and challenges. The women have participated from women groups and who were identified through the door to door visit. The orientation proceeded through group work and interaction methodology. Returnee migrant women participants shared the challenges and opportunities of foreign employment. Women participants shared that they had not visited the Municipality and Ward Office; therefore they are deprived of local opportunities. Similarly, they have to face the employment problem due to the bashfulness to work in society. They have been facing the problem of unequal wages at the workplace in the local community.
- c. Two days orientation on Women’s mobility, work and access to local entitlement:** Total -699 women participated in the two days orientation. The two day orientation on Women’s mobility, work and access to local entitlement It was conducted in Sainamaina Municipality, Tilotama Municipality, and Siyari Rural Municipal at Rupandehi District. The major objectives were understanding women’s work and gender-based discrimination at the workplace and in community structure, Women and girls understand factors influencing their rights related to work and mobility around their village, municipality, district, the capital city, national and international for women work and support to improve knowledge of entitlements and promote access

- d. **Operation of Migrant Resource Center (MRC) and Information Desk:** *Altogether total - 2139 (952 Female and 1187 Male) were counseled by Migrant Resource Centre, Rupandehi. They were seen interested in the provided knowledge and appreciated the facilitator's effort. Additionally, they also committed to not traveling abroad after counseling. MRC Facilitator informed the visitors regarding the pre-departure information including the materials needed for travel and the need of having skills like language and other ways of sending money back home that would help them work and earn easily in destined country. People are also informed about all the other documents needed for travel including the need of leaving a copy of every document in their house for safety. 168 persons aged 50-68 are departing to visit the different countries through visit visa.*

*Objective 3: Increased Coordination with the community structures and mechanisms to improve the recruitment practice.*

#### **Activities Conducted**

- One day orientation program was organized in Tilottama Municipality ward -15 and Sainamaina Municipality ward no. 8, to share the organization brief introduction and program objective, activity, working area. Altogether 48 (Male-32 and Female-16) participants ward president, ward secretary, health post in charge, School Headmaster, ward member and other stakeholders participated in the orientation program.
- One-day Total-48(Female-32 and Male-16) participants from ILO, ABC Nepal, local representatives and local agents participated in the interaction program. Local agents were seen unknown about the migration process, and they were sending/referring people from their community to the manpower they knew (of their relatives or friends). The participants were also made aware of the MOU made with Jordan where the domestic work ban is been removed.



- One Day interaction with Local employers and skill providers was conducted in Tilottama Municipality Ward no-15, Kotihawa, and Devdaha Municipality ward no-6, Khairahani, Rupandehi district. The objective of interaction was to increase the coordination and collaboration with local employers and organization and to know the needed skills for local employers. The local employers have vital role to minimize the unemployment by providing the opportunity to local unemployed people of the community. total -1027( 339 Male, 688 Female) have submitted their form but municipality has selected only the local people among. After the selection their real actual number is total -769 ( 265 Male and 504 Female) out of them only 213 unemployed have been provided 24 days works for different community programme like greenery promotion, Sanitation and plantation in public land .
- *The Palika Level Women's Forum was conducted in Tilotama Municipality Ward No. 11, Kalikasthan, Rupandehi district with an agenda of labor migration and women.*
- Key Informant Interview was conducted in Rural Municipal/ Municipality, ward office to collect information and perspectives from ward representative, local stakeholder (Women group, Community Based Organizations) about ways in improving access of women in services with their participation. Perception on social issues affecting women rights related to entitlements, labor and mobility.
- One day interaction with media personnel in regard to balanced reporting and conceptual clarity on terminologies related to migration was conducted in Hotel Peace Night Bhairahawa. There was the participation of 15 local journalist, representative from Television and F.M and print media.

*Objective 4: Establish a sustainable referral mechanism allowing alternative options for aspirant and returnee women migrant workers*

- a. All together 40 beneficiaries were referred in different sector such as cooking, Pickle making training, Sanitary Pad Making training, Bangle making training and sewing cutting training by coordinating with local government and other local level training providers.
- b. Seven women were selected who were marginalized and deserving and were provided with Nrs.10000/- per person to start small income generation activities. Nowadays they are generating income through goat raising and poultry farming in their own community villages.

#### **4. Training, Counseling and Rehabilitation Center**

year 30 girls **Training, Counseling and Rehabilitation Center**

ABC Nepal training, rehabilitation and counseling center was set up in Kathmandu in 1996 to rehabilitate the rescued girls from different place of a country. Currently ABC Nepal is running two rehabilitation centers in the following places.

S.N	Location
1.	Kathmandu
2.	Morang

ABC Nepal provides various services to the rescued girls after their arrival in the center. In the beginning residential care is provided to the girls that includes psychosocial counseling, shelter, food, and clothing along with formal / non-formal education, life skill training and vocational training. The girls are from different district of the nation. The girls/women are of the age group 9-30 years.

### Projects

(2076 Shrawan-2077 Ashar)

S.N.	Name of Sponsor /Org	Project Name	Implementation period	Implementation Area
1.	DO GOOD NOW	“Education and Care Support for survivor of violence against women”	Since 2013	Kathmandu, Morang
2.	KINOE	“Education care Support for the Survivor of trafficking “	Since 2005	Kathmandu, Morang
3.	Ministry of Women, children and Senior Citizen	“Support for Rescue ,Rehabilitation and reintegration of survivor “	Since FY 2064/65	Kathmandu
4.	Marr-Munning Grant	“Education support for the survivor of violence “	Since 2015	Kathmandu
5.	Bless Vision Foundation	Empowering through education	Since 2018	Kathmandu, Morang
6	Individual Support	Education Support	Since 2004	Kathmandu

Marr Munning Grant and Bless Vision Foundation also provide out support to survivors of violence.

## Project Goals and Objectives

### Goal

- To protect & ensure of rights of survivors of trafficking & other forms of violence.

### Objectives

- To provide a temporary shelter for girls/women rescued from trafficking, sexual violence so that they have a respite in their lives to gather their strengths and move forward and away from the violent situation.
- To develop self confidence and self-esteem in the rescued women, girls for leading to normal life through counseling, non formal education and skill training.
- To reduce the risk of girls from being a possible victim from different forms of violence and protect the rights of education.
- To reintegrate to the girls/women in their families.
- To create awareness to the community people through outreach programme.

Objectives	Activities	Achievement
To provide a temporary shelter for girls/women rescued from trafficking, sexual violence so that they have a respite in their lives to gather their strengths and move forward and away from the violent situation	a. Provide with residential care and lodging and quality food of minimum human standard including all their basic needs to the girls for their proper growth. b. Reintegrate into family.	a. Rehabilitated girl's health status tends to be improved because of the hygienic food served in the center, providing the girls with moral and emotional support. In the shelter home they feel more secure and safety of their life.
To develop self confidence and self-esteem in the rescued women, girls for leading to normal life through counseling, non formal education and skill training.	a. Providing individual and group psychosocial counseling and regular health checkups. b. Dance therapy every day to the girls and physical fitness. c. Monthly doctor visit in center.	a. Girls receiving proper counseling change their behavior about the inferiority and boost up their confidence level and guidance in a good conductive environment has achieved positive change in their ways and life style. b. Regular health checkup provided in the center have improved their health.
To reduce the risk of girls from being a possible victim from different forms of violence and protect the rights of education	School enrollment to the girls and continuation of education. b. provide educational materials to the girls, staying inside and outside the transit home.	a. Girls are continuing their education and they upgrade standard. b. Girls' family feels some relief that their children can get education even they are poor and unable to send their daughters.
To reintegrate to the girls/women in their families.	Facilitate harmonious re-union with families and rehabilitate women, girls in the village so that they can live normal live	Family accept girls/women and they are happy to live with their families and as well as society with self dignity.

	as member of the community.	
To create awareness to the community people through outreach programme.	<p>a. Conducting orientation programme awareness classes on different school of the rural area of Kathmandu and Morang</p> <p>a. Performing street drama by professional actors and survivor of transit home.</p>	Community peoples are aware on the issues of trafficking and other forms of violence.

### Details of Rehabilitation Center/Transit Home

ABC Nepal Training and Rehabilitation center supports 31 girls in total; 15 girls inside transit home and outside the transit home to continue their education.

#### 5.1. Details of Residents under different support

S.N	Details	No of Girls
1.	Total previous girls (till 2076 Ashar)	28
2.	Total entry of girls 2076 Shrawan-2077 Ashar	2
3.	Total reintegrated 2076 Shrawan -2077 Ashar	15
4.	Total no. of girls in transit home	15
5.	Total no. of girls admitted to school/college	15
6.	Survivors who successfully completed vocational training (both inside and outside of transit home)	30

Girls in transit home go to public and private school. They go to 7 different schools. The list is:

<b>S.N</b>	<b>Name of Schools</b>	<b>Address</b>
1.	National College of Travels and Tourism Management	Ratopul
2.	Gamvir Samundra Setu High School	Imadol, Lalitpur
3.	Saraswati Multiple Campus	Koteshwor
4.	Laliguras Campus	Narephant
5.	Baneshwor multiple campus	New Baneshwor
6.	Kotdevi Public English School	Narephant
7.	Cosmic School	Koteshwor

### **5.1.1 Individual and Group Counseling**

When the girls first arrive at the center, they generally have a series of mental and psychological problems including depression, aggressive, and suspicious behavior, and overall negative attitude. It must be remembered that these girls have suffered quite extensively and their attitude is understandable. Through regular counseling with care and love they are generally able to overcome and come out of the time in the rehabilitation home with more positive attitude towards life.

Girls are provided with individual and group counseling. The girls were provided with different behavior therapy to have change in their behavior. Counseling was provided to the individual and group according to their case and necessary. Psychosocial counseling is providing them when needed. Parental counseling about the development of child is provided to the mothers. During the counseling period they are involved in different games and engaged in creative work. They are involved in dancing and drawing. Involvement in different activities can change their behavior. When they feel disturbed and low, through the games they can be refreshed. The girls are involved in role playing so that we can touch their feelings, to externalize their belief and feelings. Relaxation is done every evening and it helps those who are troubled by anxiety and tension. Even it has helped them to cope actively with anxiety and a variety of stressful situations.

### Major Psychological problem faced in Transit home

This year our girl's common experience was fear. They feared contamination of corona virus. They felt anxious staying indoors and not being able to go outside of shelter home. The other common psychological problem is mentioned below:

S.N	Psychological Problem
1.	Anxiety
2.	Mood swing
3.	Telling lies
4.	Lack of self esteem
5.	Suspicion
6.	Depression
7.	Inferiority complex
8.	Aggressive
9.	Trying to run out from home

### 5.1.2. Basic Health Facilities

When the girls are received by the center they came with different health problems such as infected wound, fever and weakness etc. So, regular doctor visit when needed and special attention is given to any girls who are suffering from any diseases. Daily nurse is available within the center for any emergency. Girls were taken to hospital for their eye checkup and ENT examination and general checkup are continuously going on and any medicine prescribed by doctor were given to them. Mostly on the transit home it was found they have skin allergy, urine infection and they mostly suffer from headache. Recently the most of the girls are found to have skin allergy. The most problem faced during the year are.

### Major health problem faced by girls

This year a lot of our girls suffered from flu, common cold and headache. The other common problems are:

Health Problem
1. Dizziness
2. Rashes on face and body
3. Fever Cold ,cough
4. Joint pain (Knee pain)
5. Painful menstruation "Dysmenorrheal"
6. Chest pain
7. Diarrhea and vomiting

8. Muscles pain ,Back pain
9. Upper abdomen pain
10. Gastric , Sore throat
11. Eyes problem

### **5.1.3. Legal Advice**

With the coordination of FWLD/LACC gave a legal support to the girls. Girls are being aware about their rights. They are provided the orientation classes about the knowledge on human trafficking. Through the legal advice they are informed how they have to raise their voice in any kind of abuse and from exploited from their rights.

### **5.1.4. Dance Therapy**

Always engaging in the same activities can make girls monotonous, so when they leisure time they are provided with dance therapy. Through Dance movements it helps girls to refresh their mind and they are relaxed. It helps them to control their anxiety and a cheerful environment is created to girls. It has healing and soothing powers to girls.

### **5.1.5. Participation of girls in variety of social gathering and programs**

They have been participating in different campaigns and rallies, For e.g., International women’s day, social security day, anti-trafficking day,etc. Even this program helps them to share their feelings and their opinion on different topics. Girls take part in various interaction programs organized by different other NGO’s.

Social gathering takes place in transit home around the time of festivities. For e.g. we celebrate New Year, Teej, Dashain and Tihar together. To maintain the harmony and tolerance we also celebrate festivals such as Christmas.

### **5.1.6. Recreational Visits**

We organize tour to different places. They enjoy a lot during the exposure visit. Last year we went to Sangha, Swayambhunath and Pashupatinath. Every year we organize picnic and some visits for the recreation of our girls. This year we couldn’t go for outdoor picnic due to corona virus pandemic but we organized indoor recreation programs.

### **5.1.7. Out Support**

Transit home also provides education support to the survivors of violence outside the transit home. They receive monthly allowance to support their education till high school. 14 girls are being supported outside the transit home.

### 5.1.8. Vocational training

The victims in the shelter homes take a lot of time to change themselves from victims to survivors. They are traumatized because of the happenings in their life. It is indeed difficult for them to cope with the society and function accordingly. ABC Nepal believes in the empowerment for survivors for which it focuses on two major components i.e. Education and Livelihood. These interventions have helped them to reintegrate into their families and societies as well. Thus within the homes the survivors are provided with vocational training such as barista, waiter/service, driving, cookery, beauty parlor and bakery. This year 30 girls were trained.

#### Case Report- Biratnagar

S.N	Border monitoring, counseling and case type	Total
1	Awareness and counseling to the survivors	437
<b>Cases registered at ABC Nepal</b>		
1	Domestic Violence	26
2	Industrial rape	1
3	Lost	2

## 6. Mangala Sahana Long Term Rehabilitation Center

ABC Nepal has been operating Managala Sahana long term Rehabilitation Center collaboration with Women and Children Ministry of Nepal Government from this fiscal years. The Center is located in Sifal, Kathamandu. It has been providing support to the survivors of different forms of violence, which has referred/recommended by Nepal government. The Center has been providing counseling, residential services, health care services, formal and non-formal education, life skill training, vocational training to the survivors.

### 6.1. Number of women and girls receiving different services



ABC Nepal has been operating Managala Sahana long term Rehabilitation Center collaboration with Women and Children Ministry of Nepal Government from this fiscal years. The Center is located in Sifal, Kathamandu. It has been providing support to the survivors of different forms of violence, which has referred/recommended by Nepal government. The Center has been providing counseling, residential services, health care services, formal and non-formal education, life skill training, vocational training to the survivors.

## 6.2. Number of women and girls based on cases

Cases	Girls	Women	Total
Domestic Violence	2	2	2
Rape	5	2	7
Mental disorder and receiving medical treatment	1	13	14
Rescued from the street and referred	0	1	1
Trafficked	0	1	1
HIV +ve	0	0	0
Disability (One who cannot speak and dull)	1	5	6

	Under 5 children	Girls	Women	Total
Safe shelter	1	6	12	19
Medical Treatment	1	6	12	19
Counseling	-	3	1	4
Formal education	0	3	0	3
Informal education	0	3	12	15
Self-employment training	0	2	0	2
Family reintergration, Referral	0	0	1	1
Legal Services	0	1	0	1

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### 6.3. Challenges

- Difficulty in reintegration in family because of the different existing family problems.
- Lack of budget allocation for affected mother's children.
- Insufficient space for referred individuals from district.
- Difficulty in providing vocational training to mentally unstable women.
- Provision of parttime job for Nurse and counselor is seen challenging in the setting.
- Inadequate resources and infrastructures for patient with longterm disease and also it is seen difficult to refer them in other homes.