



ANNUAL REPORT 2020-2021

ABC Nepal, Koteshwor, Narephat-32



A Note from Executive Director :

Agro-Forestry Basic Health and Cooperatives (ABC) Nepal, since 1989 has been working to promote the rights of women, recognizing itself as pioneer organization fighting Human Trafficking. The organization since then has been working in various thematic areas specially promoting education and awareness, enhancing livelihood, improving the skills of people working with. The work has been done with two approaches Preventive and Curative: for the prevention most of the programs are focused on education and livelihood and for curative we have been operating short term and long term transit homes in Kathmandu, Biratnagar, and Bhairahawa.

The approach of the organization focuses from grass root to national level advocacy and that has helped the organization get involved with the community, address their issues, and reflect those at National level in formation of policies and acts. Government addressing the issues of violence and trafficking to a larger extent is the result of our continuous efforts since the day of establishment.

The report here covers our achievements of the entire year. Each of the programs and events until the day has been successful with the commitment and efforts of all our staff members, Board of Directors, Volunteers, sponsors, and partners. Hence, I take this opportunity to thank all of them and wish for this continuous support in the forthcoming days too.

Rakshya Ojha

Executive Director

ABOUT ABC Nepal..

ABC Nepal is a non-profit human rights organization established in the year 1987. It is the first organization in Nepal that raised the issue of human trafficking and worked for sensitizing the various segments of society on gross violation of human rights. The organization advocates gender equality by promoting women's, children's and adolescent girls' social, economical, and educational empowerment and raising awareness in all issues that affect women the most.

Vision

Society free from exploitation and ensure human dignity

Mission

- To raise overall status of marginalized community with special focus on women and youth

Goal

- Empowering Dalit, Vulnerable and Marginalized People on their rights with focus on Women and youths.

Objectives

- To prevent and protect trafficking in person through rescue, rehabilitation and reintegration and ensure justice
- To build the collective strengths and negotiation skills of client communities, CBOs and other stakeholders on Reproductive health, nutrition, water and sanitation, livelihood, child rights, education and gender.
- To facilitate economic empowerment of the Dalits and marginalized people through Sustainable Livelihood and create awareness on food security
- To lobby the government to formulate and implement laws in accordance with international instruments and national laws related to women, children and adolescents
- To promote and protect the rights of women mobility for Safe Migration
- To provide support and enable child/adolescent friendly educational environment for access, retention, completion and lifelong education
- To create awareness on Reproductive Health, Safe Motherhood and HIV/AIDS → To promote and strengthen community based micro-finance and cooperatives
- To enhance the access of Dalit and marginalized communities on safe water and create awareness on environmental sanitation
- To strengthen duty bearers and right holders to lobby and advocate on social, economical and cultural issues.

Organizational structure

An executive committee consisting of 11 members provides the policy guidelines and manages ABC Nepal. These members are experienced social workers and professionals. Committee members provide voluntary services in area in which they have expertise and experience.

Founder

1. Mrs. Durga Ghimire
2. Mrs. Mira Arjyal

Name of Executive Committee of ABC Nepal

S.N.	Name	Position
1	Ms. Deepa Bhattarai	President
2	Mr. Ananda Bahadur Shrestha	Vice-president
3	Ms. Meena Karki	General Secretary
4	Dr. Madhavi Singh	Treasurer
5	Dr. Chapala Koirala	Member
7	Ms. Sharada Pokharel	Member
8	Ms. Haripriya Pandey	Member
9	Ms. Chanda Bista	Member
10	Mr. Salikram Pokharel	Member

Staff

S.N.	Name of the Project	No. Of Staff	Volunteer
1	ABC Nepal Core Staff	3	
2	Rehabilitation- Center/Transit Home	10	1
3	SAMVAD Kavli	11	
4	Act now	3	2
5	Youth Action for Change	2	3
6	GBV PR-II (IPAS Nepal)	14	

A Deep Dive into 2020-2021 (2077/2078)



Key Highlights

- Two clients (Manju and Leelawati) who were residing in Mangala Sahana long term rehabilitation home were successfully reintegrated to their home country India.
- One of the client (Saajan Chaudhary)from Mangala Sahana was successfully reintegrated to her family
- Sushmita Gautam, who has been living under the protection of Mangalasahana ,her case was finalized and the culprit was sentenced to 10 years in prison. She is compensated with Rs. 50,000/-
- ABC Nepal Regional Office, Biratnagar got a new project from IPAS Nepal.
- The events organized by the adolescents in project district was and has been covered by the national media Kantipur and this coverage has been reflected in the news bulletin of Norway Stromme Foundation

Running Projects

1. Education and empowerment of adolescents in Nepal Strømme Foundation Nepal

Program Introduction

Project title: *Adolescent Empowerment Program in Nepal (SAMVAD)*

Implementing partner: *ABC Nepal*

Goal

By the end of 2022, 2772 adolescents from marginalized communities of west Nepal (Nawalparasi) will be able to exercise socio-economic rights in a socially just environment protecting themselves from trafficking and injustice

ABC Nepal has been implementing Education and Empowerment of Adolescents in Nepal through “SAMVAD” program in Sarawal and Palhinandan Rural Municipality of Nawalparasi district since November 2019. SAMVAD is referred to as a ‘dialogue’ in Nepali word where 20 to 25 adolescents have their meeting in one place and discuss their problems as well as community issues. It is a non-formal community-based education process designed especially for out of school, which have never been to school (aged 13-19 adolescents). This program is about Adolescents Empowerment Program, which is meant to educate adolescents from Dalit and marginalized communities on life skills and socio-economic issues that affect their lives while schooling them with literacy and vocational skills. SAMVAD is a “participatory learning approach, reflection and action process that builds analytical capacity and confidence among the participants and helps them to be critical and self-reliant

Program Information

Population Size of Working Area:

During the project program period, altogether 7028 population will directly benefit from the SAMVAD program.

Program Progress

Adolescents have empowered to participate in the decision-making process of the household and community.

“Adolescents have empowered to participate in the decision-making process of the household and community” to achieve this objective, 63 SAMVAD centers have been operated up this year with the total target of 1446 adolescents.

Some of the Key Results seen this year despite the affect of pandemic are:

Empowerment of Adolescents

- *The 63 SAMVAD centers (1446) have been regularly operating since June and all the activities have been done as compared to the lockdown period. The 63 SST (441) meeting has been conducted to discuss the problem that occurred or anything which should be discussed.*



- *The 1446 adolescents have made their Carrier Development Plan along with the Family Development Plan.*

- *The 1446 adolescents were given IGA training on agriculture in our working areas and 1156 have started kitchen gardening and were very excited to have learned the techniques of agriculture and the training was very effective to them.*

- *The 239 (231 girls, 8 boys) adolescents visiting our SAMVAD have been reenrolled in the school in our working*

areas meeting our objectives of educational empowerment.

Empowered Adolescents with their Initiatives during pandemic:

- *The adolescents initiated the Muthidan (Fist donation) program to support the poor families during the pandemic. With the program, they supported 738 HHs of SAMVAD adolescents and 2153 families outside of the SAMVAD who were vulnerable and were in need.*
- *Adolescents helped the local government in campaigning against the CORONA virus by spreading messages through pamphlets.*
- *The animators and adolescents have provided counseling to 28,873 populations on preventive measures of COVID 19 in their nearby household in our working areas. They discussed the COVID 19 and the signs and symptoms of them, how they can be protected from COVID 19. They also through ABC Nepal distributed 1000 soaps, 1000 masks, and 40 sanitizers to Sarawal Village Municipal.*
- *Adolescents have distributed 325 pcs phenyl and 325 soap to poor families in Sarawal Village Municipal. Similarly, 450 Sanitizers, 450 mask pcs, and 450 soap pcs also have been distributed to poor families in Palhinandan Village Municipal.*
- *The wall painting on 12 places of Palhinandan and 6 places of Sarawal included information about the pandemic situation of CORONA Virus targeting the places where more people can see and can be aware of the situation. This initiative was also appreciated by the local government*
- *The other activities are done regularly such as demonstrating the proper hand washing technique with the soap and dissemination of the*



information to their community members. They are constantly working on awaking the community people and the member of respective areas.

- In the financial support of the Stromme, foundation radio jingles have been made and played about CORONA Virus in Nepali and Bhojpuri language. The Jingles have been broadcasted from the radio in our working areas.

Empowered Adolescents increasing their Engagement with Local Government

- The three adolescents from Palhinandan Village Municipality were provided with proposal writing training by Mauri Home in Palhinandan which helped the adolescents to make the plan and submit in concerned authority and ask for the services they can be benefited.
- The adolescents were given training on the Sanitary Pad making by Palhinandan Village Municipality which helped the adolescents to know the fatal consequences of unhygienic behavior and improper sanitation.
- Palhinandan Village Municipality contributed 1000 rupees each to ten adolescents and distributed four school bags to four adolescents which motivated them to do the creative activity and involve in such training.
- The four adolescents of Palhinandan were supported with four school bags, which is small support but many adolescents in the community don't go to school because of not having bags to carry. This small gesture has helped to build the confidence level of adolescents.
- The 32 adolescents who have completed the SEE were given the Career Development Orientation by the local government in the Sarawal RM.
- The Sarawal RM has allocated the Nrs. 13, 28,000 budget to do the activities on child rights, gender-based violence, and School SAMVAD, Functional Literacy, and child rights training in a collaborative way.
- Health Post In-charge of Sarawal facilitated on EPI and Corona Virus to the adolescents on SAMVAD Center which made adolescents know about the epidemic disease and be aware of the communicable disease.
- The adolescents have participated in the training conducted by the local government which includes child protection which will help them tap local resources and also they understood the concept of child protection and also knew how to protect themselves from child abuse.
- In collaboration with the local government of the ward committee, altogether 82 SAMVAD adolescents were trained on Cushion (mattress), Bangle, and Sanitary pad making skills during the period. All adolescents were supported with materials and cash of equivalent of NPR 246000/- as a start-up business from the support of the local government.
- The local government helped in installing the hand pump for our adolescents Najiya Khatun because they have been facing the problem of water and their economic condition
- Adolescents supported 58 SST members receive the vegetable seeds from the ward office.

Adolescents' have diversified livelihood skills, improved access to finance for income generation, and sustainable livelihoods.

In 2020, a total of 1446 adolescents were orientated on basic Agriculture and Livestock during the SAMVAD operation period by the Government Officer which enhanced the capacity of adolescents to initiate the small business similar Vegetable farming, Goat rising, and Small Grocery, etc. some major achievements under this objective include:

- The 1446 adolescents were given the IGA basic training in agriculture, one day for the theoretical knowledge and other days for the practical knowledge, they were very pleased to learn and 1156 adolescents have started kitchen gardening and sharing their knowledge with their parents.
- Besides, 44 (39F, 5M) additional adolescents were oriented to run small business-like small grocery, goat raising, Vegetable farming, Fish farming, banana farming, electronic shop, chat pate (street snacks), and saloons, and provided initial investment capital of Nrs20,000/- as a start-up fund. 44 adolescents who were trained and supported to start up a small business.
- The program has promoted savings and credit schemes in SAMVAD Centers to cultivate the habit of saving, 339 adolescents are involved in saving activities. NPR 110011/- has been collected as savings Adolescents were facilitated to decide the rate of their monthly saving amount considering their saving capacity so that all can take part in saving/credit activities.



Marginalized communities are organized to the forum and strengthen Networks capable of the campaign against social malpractices and justice.

- The NETWORK members have been providing the tuition classes (22) and the children are very happy that they can again have the opportunity to learn because schools were closed for many months. Mothers were very happy to see their children's learning has been improved and those places we were unable to give the tuition classes they are urging us to give the tuition classes there too. They feel this has become the best way of learning and their children's learning has been improved. The network members also have utilized their learning and they have assisted the SEE appearing students in their community.
- The FORUM members also have been volunteering in collecting the children for the tuition classes so that the NETWORK members can smoothly run the tuition.
- The members also initiated Saathi Sanga Maan Ka Kura by selecting the facilitator's and the adolescents have been sharing the learning they learned from SAMVAD Center and discuss on the issues that have been generated in the society.
- The orientation on Child rights and child protection has been given to the FORUM members by the concerned expert so that they will be able to know their issues and know of procedures to be done when a problem arises. The NETWORK members have been supporting and working in coordination with the local government and we have been promoting those for their sustainability.



Exemplary Evidences enhancing the coordination with Local Government leading towards the sustainability:

- A Tree Plantation program in coordination with the local government has been organized. 282 plants have been planted by the adolescents in the Palhinandan RM in their respective houses in the presence of the Rural Municipality chairperson and he was very supportive in encouraging the adolescents and he shared the information regarding the afforestation and the negative consequences of deforestation.

- *Tree Plantation of 4000 plants has been done by the NETWORK members in SARAWAL RM in the presence of RM chairperson and orient about the importance of afforestation and consequences of deforestation.*
- *The NETWORK members have been collecting data collection of the people who are affected by the Flood in coordination with the local government.*
- *The hand pump has been installed in the Susta RM NETWORK office in the effort of the NETWORK members and the local government and the community people are very pleased to install the hand pump there and are very happy with the members in the locality.*
- *The toilet has been constructed in the Susta RM in the effort of the local government and the network members.*
- *The NETWORK members have been submitting proposals to the local government in getting their services. In this regard adolescents from SARAWAL submitted the proposal of Nrs. 3, 80,000 to RM, and similarly, from Palhinandan the adolescents submitted the proposal of Nrs. 4, 25,000.*
- *About 2800 families have received masks, sanitizer, gloves, and soap, and IEC materials worth Nrs. 14, 78,910 in our working areas by the adolescents, Forum members, and NETWORK members by coordinating with the local government.*



Baalbagaicha:

- *The Baalbagaicha has also been smoothly operating in 63 centers (1279 B-692, G- 587) and a calendar for Baalbagaicha has been printed so that the learning can be made systematically. The content has been printed in the form of a calendar annually and adolescents have discussed that particular topic. They discussed the disease and their safety and hygiene. The children have changed the behavior pattern and now they are aware of the consequences of bad sanitation and hygiene. They discussed on animal's name, plant's name, and flower's name and now they can say the names fluently. The attention in Baalbagaicha to every child has made their boost the confidence level of children and seeing their progress in such a way mothers are also pleased to send their children. Their time has been utilized and the learning has been flourished.*

Mother Samvad Kendra

- *The Mother SAMVAD (32) 544 participants have also been participating in the learning center. They said they are fortunate enough to utilize their time and learn the things so that they can be aware of the things happening around the society and they can also be involved and have them participate in that.*
- *155 Mother Samvad members had participated in the 16th-day campaign against Gender-based Violence in which NRS 60000 was supported by the Rural Municipality office.*
- *35 Mother Samvad members were trained on Women Empowerment organized by Rural Municipal.*
- *The mother group of Sarawal supported Nrs 20000 to Network member for the maintenance of the network Office.*
- *35 Mother Samvad members participated in 2 days of training on the Women Rights program conducted by Sankalp Pratisthan.*

Objective and Indicators:

Objectives	Indicators	The target for the year 2019/2020	Achievement of the program	Justification
Outputs of Objective 1				
1.1: 1180 adolescents are trained on life skills with increased access to formal education	63 SAMVADcenters formed and operated	63	63	
	1180 girls and 286 boys enrolled in SAMVAD Centers	1386 (Girls 1100 and Boys 286)	1446(Girls- 1149 and 297 Boys)	
	50 adolescents enrolled in formal schools through SAMVAD centers	50	239	
1.2: Target communities capacitated to support the effective operation of SAMVAD Centers	63 animators selected and trained for operating SAMVAD Centers	63	63	
	63 SSTs formed and capacitated through SAMVAD Centers	63	63	
Outputs of Objective 2				
2.1 Marginalized Adolescents and communities have improved access to finance	40% of adolescents participate in income-generating activities	555	44	
	20% of adolescents received inputs for improving their livelihood	111	44	
	100 adolescents start saving through micro-finances	100	339	
Outputs of Objective 3				
3.1 Increased capacity of targeted marginalized communities to advocate against social injustice	60% of adolescents unite themselves to form networks and forums	831	925	
	20% of adolescents participate in media advocacy campaigns	277	289	
3.2 Enhanced engagement of duty bearers (local government authorities) and right holders (targeted marginalized communities) to incorporate socio-economic rights of a marginalized community in local plans	20% of adolescents participate in yearly budget planning program inward level	277	289	
	Local Government recognizes the Adolescent's Network and provided registration	5	5	

2. Youth Action for Change Project

Introduction

ABC Nepal has been implementing the “Youth Action for Change Project” in Susta, Sarawal, and Palhinandan Rural Municipal of Nawalparasi district since November 2020. During 2019, Kruse Smith Foundation supported Strømme Foundation (SF) and its local partner ABC Nepal to operate 10 SAMVAD centers and a follow-up program for 54 graduate forums and 5 graduate networks from SAMVAD centers funded by NORAD in 2017-2018. The participants in the SAMVAD centers supported by Kruse Smith Foundation graduated in 2019.

In the adolescent-led SAMVAD program, there are three special structures, which are SAMVAD, Graduate Forum, and Network. Ten months after the SAMVAD, the graduated adolescents form themselves into forum and later with representatives from forum on a cluster basis they come together forming a Network. These members of forum and network have their plans based on the need of the community issues. While planning, they find out the causes of various problems in the community, create public awareness activities, and advocacy to solve the problem and conduct activities in the community according to the plan. And, they implement those plans in the financial and technical support of the local government, non-governmental organizations, and other stakeholders.

When making plans, all members of the Graduate forum stay together and make plans and Network members support to prepare the Forum plan. During the planning, Forum members focus on public awareness activities. Besides, Network members are also preparing their annual plans, they make a plan to focus on lobbying activities based on the plans made by the forum.

Now, in the Youth Action Change Project, there are four special structures like Graduate Forum, Network/Youth Club, Women Watch Groups, and Child Right Committee. These special structures are formed and oriented on their role and responsibility, community-based issues like Gender Violence, Mental Health, Child Protection, and different social malpractices. These structures are working to identify the social issues and coordinating with concerned government and non-government offices to address the identified issues. These committees and Forum/networks are actively working in the community and coordinating with the local government for the social transformations by performing different campaigns, interactions, and workshops in the community.

Rural Municipality

Key results of Youth Empowerment :

- Network and Forum members conducted household visits and identified a total of 372 GBV cases and 282 CP cases and advocated to address 227 GBV cases and 243 CP cases by local government and stakeholders.
- Network and Forum have coordinated with local government in relief package distribution during the COVID-19 and 106 (44 Palhinandan, 34 Sarawal, and 28 Susta) adolescents' families received Relief package during the pandemic.
- During COVID-19, the Network member campaigned with a slogan “No vaccine No vote” therefore, altogether 1843 (829 Palhinandan, 520 Sarawal, and 480 Susta) senior citizens took vaccination from the Local Government.



- The community people were sensitized on social issues through delivering information from the temple, Masjid, and Church sound system in the community. They were aware of maintaining safety measures and Physical and social distance. The community was informed to wear a mask while participating in mass gatherings or going out of the home.
- 125 Network and Forum members participated in an orientation on Child Friendly Local Governance conducted by Sarawal Rural Municipal and Susta Rural Municipal. The NETWORK members have been supporting and working in coordination with the local government and we have been promoting those for their sustainability.
- The 20 Network members of Sarawal Rural Municipality participated in the interaction program about Covid-19 vaccination and they had been mobilized to coordinate and volunteer with the local government for vaccinating Senior citizens at Sarawal Rural Municipality. They supported 829 Senior Citizens to take COVID-19 vaccinations in Susta, Sarawal, and Palhinandan Rural Municipal of Nawalparasi district
- The Football competition has been organized by the Network member of Sarawal Rural Municipal in which local stakeholders and social service officers supported with the donation of NRs 200000/-. The coordination with the Local Government helps to build up a strong relationship and is easily accessible to utilize the resources.
- The Cricket competition was organized by Network members with the support of NRs 40000 by the Sarawal Rural Municipal to encourage youth towards the sports and to strengthen their friendship.
- The Network member of Sarawal Rural Municipality has been mobilized for the collection of Child profile survey in coordination and collaboration of Rural Municipality for Child Friendly Local Governance. The Government has supported with NRs 200000/- for the survey.
- The Network member of Susta Rural Municipality has been successfully registered in ward level Youth Club which is formed under the structure of the National Youth council.
- On the last day of the closing ceremony of the two-month campaign against drug addiction, 8 Network members were honored for appreciating the work done by the “Judicial Concern Organization”.
- The Youth from Forum and Network members celebrated 111th International women's day by organizing a rally program(2) in Susta and performed stage drama(2) in Palhinandan and Sarawal to give a message about women’s rights and to aware for raising their voice against violence in the community.
- The Cleanliness Campaign has been conducted by the forum members of Sarawal to make the community pollution- free and to make community people responsible for the cleanliness of the community. This campaign will be done in every ward of Sarawal Rural Municipality. From the campaign, the community people had developed the policy of charging Nrs 100 to those who do not keep their surroundings clean.
- Total-18 Graduate members have received Sanitary Pad making training organized by the SajhaYuwa club in support of Palhinandan RM that helped them to improve their health and hygiene.



- The six Network members have participated in an orientation on Gender Equality organized by Mahuri Home in the support of Palhinandan RM.
- The four graduate members have participated in a women empowerment program organized by the SajhaYuwa club supported by Palhinandan RM.
- The 5 graduate members have participated in an orientation on Sickle Cell Anemia conducted by the Ward health Post Office of Sarawal RM.
- Graduate Forum has been operating 110 Balbagaicha and 97 Home Coaching Center in SAMVAD Program areas. During the 2nd phase of covid-19, 711 children benefited from the home-coaching center directly that helped the children to utilize their time in continuing their learning a course book.
- The 104 community people participated in an orientation program on covid-19 conducted by youth of Sarawal and Palhinandan Rural Municipal. The program supported sensitize and aware the community people to follow up safety measures by keeping social and physical distance and wearing the mask during covid-19.
- The 110 Forum and Network members participated in two events of interaction programs against child marriage in the participation of the guardian and local stakeholders to represent the data of child labor in the community.
- Network and Forum members have organized advocacy campaigns against drug addiction. Similarly, they have conducted two interaction programs with stakeholders and parents and one interaction program with Palhinandan Rural Municipal. Through the campaign total, 105 participants were aware of drug addiction and they committed to stop taking alcohol and suggest others to avoid taking alcohol.
- The Network member has conducted two Interaction programs on child labor with stakeholders and parents to discuss the causes of child labor and its minimization.
- Total- 10 events of Career Development Plan discussion workshop conducted in Palhinandan, Sarawal, and Susta Rural Municipal to review the Career Development Plan of Graduate members with their parents. The total participants were 637 (Palhinandan-254, Sarawal-196, and Susta-187).
- The Forum members performed street drama against child labor to aware people of its minimization by delivering a message on child rights and their protection.
- Total-4 Event of orientation program on Gender-Based Violence, Child Protection and Mental Health with graduate members and parents has been conducted Palhinandan Rural Municipal. There was the participation of 169 members that helped them to realize the causes of the community-based issue and committed to adopting a change within themselves for the minimization of issues.
- The Forum members of Sarawal Rural municipal conducted Sanitation Campaign to make the community pollution-free and to make community people responsible for the cleanliness of society.
- The eight network members have participated in 3 days of orientation training on Child Friendly Local Governance and a data collection program organized by Sarawal RM for the establishment of Child Friendly Local Governance at the ward level.
- The 20 Network members have participated in the interaction program on Covid-19 vaccination organized Sarawal Rural Municipal and supported the local government in vaccinating Senior citizens at Sarawal Rural Municipal.
- The Network members have participated in an orientation on gender equality and social inclusion organized by Indrani supported by Susta RM.
- Forum members conducted a street drama against child marriage in Sarawal Rural Municipal to give a message on the legal provision and law practices against child marriage. Altogether 41 members have participated in the program.
- Total-8 event of one-day orientation to Women Watch Group and Child Right Committee conducted in Sarawal, Susta, and Palhinandan Rural Municipal. They were oriented on their roles and responsibilities to strengthen the community structure.
- Forum Members have conducted a street drama on drug addiction to aware the community people about its effect on individuals and families.

- Four events of Speech competition on covid-19 has been conducted among the adolescents in Sarawal and Palhinandan Rural Municipal and the adolescents have presented the speech on symptoms of covid-19 and its preventive and safety measures to give a message to present parents and stakeholders.

3. Act Now

For the year 2019-2020, ABC had published an advertisement for young people interested to travel to Norway and be a part of exchange program for a year. After much evaluation Manita Dhakal from Nawalparasi was selected and she stayed in Norway from August 2019 until October 2020. Similarly as a part of the program the organization received two Norwegian Volunteers Andrea and Jane on October 2019 and they stayed until March 2020. The experience was pretty good as both of the volunteers were supportive and committed to learn, but due to the pandemic they had to leave early without proper farewell and some activities as planned could not be met. But in overall the experience was good.

- Partners’ experience with mentoring and follow-up of Norec participants hosted and sent**
This was the first year of hosting participants. But for sending we had already sent Sabita in 2018-2019, she came back and volunteered for 6 months and later we appointed her as staff. So, we had good communication and contact with her as she had been the staff and supported the organization in all way possible.
- Knowledge and competencies gained from the Norec participants during and after the exchange**
The participants were seen more active with developed leadership abilities post exchange. Even our first returnee worked as a staff to us because pf her increased knowledge and competencies and also Manita has been decided to continue for 2021 as well. She has been disseminating her learning in proper way to youths in the community. Definitely we have seen development in their language, communication skills and importantly presenting abilities.
- The Norec participants’ role at home partner after the exchange**
We only had participants from 2018-2019 and 2019-2020, for the participant of the first exchange she worked with us as staff but later due to her personal emergencies left the organization but she still is in touch with us. And the recent participant Manita has still been continuing her volunteering.

3. PROJECT RESULTS

ABC, Lumbini, Nepal

Expected Outcome 1:	Indicators	Situation at start (Baseline)	Target	Situation After (Achievements)
Increased leadership and participation among youth	# of youth capacitated through trainings enhancing their leadership ability	No records- new partner	3	2
	# of campaigns organized facilitated	No records- new partner	10	15
	# of youth participating/volunteering in civil societies after the program	No records- new partner	3	2

Expected Outcome 2	Indicators	Baseline	Target	Situation After
Increased involvement of youths in the community interventions	# of Youth forums and clubs supported by the Act Now'ers	No records- new partner	2	23 forums and 2 networks
	# of community structures visited and supported by Act Now'ers	No records- new partner	5	6
	# of participants engaged and contributing through Re-Act	No records- new partner	3	1
Expected outcome 3.	Indicators	Baseline	Target	Situation After
Increased youth participation in organizational development	% of participants involved in improving and updating of organizational social medias and websites	No records- new partner	100%	80%
	# of participants involved in updating and preparing data and resources for organizational documentation	No records- new partner	4	4
	# of fundraising campaigns organized or facilitated by the participants	No records- new partner	1	2

ABC Nepal Biratnagar

Trainings

- I. Project Name :Beauty parlor and sewing cutting training
Time Period – 3 months
Place — ABC Nepal Biratnagar
ABC Nepal in coordination with Rotary Club of Biratnagar gave training to 200 women who were under the poverty line and affected by domestic violence out of which 80 of them after being trained become self-reliant.
- I. Project Name :Advanced course Sewing Cutting training
Time Period – 3 months
Place — ABC Nepal Biratnagar
ABC Nepal in coordination with Rotary Club of Biratnagar provided training to the best 20 of the women who received the basic sewing cutting training and they were provided with 20 machines as well.

Similarly, Biratnagar Metropolitan supported ABC Nepal Biratnagar Transit Home with Rs. One lakh for grocery items. The District Health Office, Morang, under the Ministry of Social Development, supported ABC Nepal Biratnagar with Rs. Three lakhs for the survivors. Rotary Club of Biratnagar Downtown provided 2 Sewing machines to ABC Nepal Biratnagar.

Fecilitation and Honors

- Marking the 109th International Women’s Day, the Border Police, Biratnagar commended the organization for its active role in the field of women's rights.
- Ministry of Social Development and Health, province 1 honored ABC Nepal Biratnagar Branch for its continuous work and contribution for the welfare of womenand girls.
- On the occasion of the 72nd International Human Rights Day, the Human Rights Network Biratnagar honored the President Mrs. Bishnu Sharma Acharya for her many years of social service and various contributions and works for women's rights.
- Marking the International Women’s Day, Nepal Civil Servants Association Morang honored ABC Nepal Biratnagar

1. ABC Nepal Transit Home

ABC Nepal training, rehabilitation and counseling center was set up in Kathmandu in 1996 to rehabilitate the rescued girls from different places of the country. Currently ABC Nepal is running two rehabilitation centers in the following places.

Location

1. Kathmandu
2. Morang

ABC Nepal provides various services to the rescued girls after their arrival in the center. In the beginning residential care is provided to the girls that includes psychosocial counseling, shelter, food, and clothing along with formal / non-formal education, life skill training and vocational training. The girls are from different districts of the nation. The girls/women are of the age group 10-25 years.

Projects

(2077 Shrawan-2078 Ashar)

S.N.	Name of Sponsor /Org	Project Name	Implementation period	Implementatio n Area
1.	DO GOOD NOW	“Education and Care Support for survivor of violence against women”	Since 2013	Kathmandu
2.	KINOE	“Education care Support forthe Survivor of trafficking “	Since 2005	Kathmandu
3.	B1G1	Education/health support		Kathmandu
4.	Bless Vision Foundation	Empowering through education	Since 2018	Kathmandu

5	Individual Support	Education Support	Since 2004	Kathmandu
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ABC Nepal Training and Rehabilitation center supports 18 girls in total.

Girls are provided with individual and group counseling. Counseling was provided to the individual and group according to their case and necessity. Psychosocial counseling is provided them when needed. Before the pandemic all forms of psychological counselling was provided to help them cope actively with their anxiety and variety of stressful situations. However due to the lockdown, the counselling process was affected too.

During the pandemic, the girls had to shift to online learning where they had access to laptop 24/7. Which meant they had access to social media too. Monitoring all the activities was not possible due to their schedule. This shifted their priorities from studies to unnecessary chatting and not careful use of social media. Being exposed to internet and social media all of a sudden for extended period of time with no prior proper knowledge and counselling led to a new circumstances and difficulties. Constant counselling was needed to help them use internet in a productive way. Almost every two days.

Also, it took a huge toll on their mental health too. They couldn't go outing or picnic like they used to before. It gave them more time to think and were confined in a small place and their room. Due to all of these reasons, the girls need individual and group counselling frequently.

During the counseling period they are involved in different games and engaged in creativework. They are involved in dancing and drawing. Involvement in different activities can change their behavior. When they feel disturbed and low, through the games they can berefreshed.

Education institution attended by the girls

Girls in transit home go to public and private school. They go to 7 different schools (National College of Travels and Tourism Management, GamvirSamundra Setu High School, Saraswati Multiple Campus, Baneshwor Multiple campus, laliguras campus Kantipur city college, Kotdevi Public English School

Major Psychological problem faced in Transit home

This year our girl's common experience was fear. They feared contamination of coronavirus. They felt anxious staying indoors and not being able to go outside of shelter home.

Basic HealthFacilities

When the girls are received by the center they come with different health problems such as infected wounds, fever and weakness etc. So, regular doctor visits when needed and special attention is given

to any girls who are suffering from any diseases. Daily nurse is available within the center for any emergency.

Legal Advice

With the coordination of FWLD/LACC gave legal support to the girls. Girls are being aware about their rights. They are provided the orientation classes about the knowledge on human trafficking. Through the legal advice they are informed how they have to raise their voice in any kind of abuse and from being exploited from their rights.

Dance Therapy

Always engaging in the same activities can make girls monotonous, so when they have leisure time they are provided with dance therapy. Through Dance movements it helps girls to refresh their mind and they are relaxed. It helps them to control their anxiety and a cheerful environment is created for girls. It has healing and soothing powers to girls.

Participation of girls in variety of social gathering and programs

They have been participating in different campaigns and rallies, For e.g., International women's day, social security day, anti-trafficking day, etc. Even this program helps them to share their feelings and their opinion on different topics. Girls take part in various interaction programs organized by different other NGOs.

Social gathering takes place in transit home around the time of festivities. For e.g. we celebrate New Year, Teej, Dashain and Tihar together. To maintain harmony and tolerance we also celebrate festivals such as Christmas.

Recreational Visits

This year we couldn't go for outdoor activities due to the pandemic but we organized indoor recreation programs. When the situation was better and after vaccination, we took the girls to parks and temples near us.

Out Support

Transit home also provides education support to the survivors of violence outside the transit home. They receive a monthly allowance to support their education till high school.

Festival

The important festivals such as Dashain, Tihar, New Year, Teej were celebrated in the transit home itself by taking safety precautions.

Visits

Past years, there used to be a lot of visits by organizations and donors but this year it was not possible. However, after the situation improved, the Ministry of Women, Children and Social welfare visited the transit home.

Also, there were few visits for birthday celebrations by board members and staff. There were small functions carried with safety precautions to visit and spend time with the girls.

Important updates and success short stories

- This year, 5 of the girls passed SEE with good grades, 6 of them graduated from high school.
- All girls in the transit home were vaccinated successfully including the 10 girls above the age of 18.

- One of the girls who graduated from high school (12) is currently working on a cooperative and studying bachelors independently by herself.
- A traffic survivor who was abandoned by her family was again accepted by her family after she lived in the transit home for 2 years and graduated high school. Due to her thyroid glands, her physical and mental development was in a very slow pace. But even after all the circumstances, she worked hard. Currently she is working with her brothers in their soap factory. With support from ABC Nepal, she is willing to study bachelors too.
- After completing the vocational training of ABC Nepal, a girl went on to open her own cafe in people's plaza where she provided employment to a girl from ABC transit home with a good salary.
- One of the girls whose father died from cancer and was from a poor family background, was supported by ABC to study 11 and 12 received a government scholarship to study bachelors in the medical field.

2. Mangala Sahana Long term Rehabilitation Center

Project Name : Mangala Sahana Long term Rehabilitation Center
Agreement Date : 27 Poush , 2072
Agreement period : 31 Asoj, 2078
Capacity of the center : 30 (Physical Infrastructure is only for 20)
Clients at present : 11 women and 6 girls (total – 17)

Works Accomplished during the period

Management

- TV room decorated by the clients at home
- Different maintenance works like : toilet and kitchen's tap, wiring, washing machine etc was repaired.
- 5 laptops were bought for the girls to attend their online classes.

Clients related

- The clients are taught to maintain their personal hygiene(brushing teeth, taking regular bath, cutting their nails , etc) They are involved in vocational therapy session which includes cleaning the living room, making their own bed ,etc As a result, As a result, their mental state has improved beyond expectations.
- 5 girls in Mangala sahana are receiving formal education. (4 in School , 1 in college)

Routine Checkup and Treatment

Clients are subjected to regular checkup in every first week of the month and their medicines doses are reduced and increased accordingly.

Case 1 : Sushmita Gautam

Sushmita Gautam, who has been living under the protection of Mangalashana , her case was finalized and the culprit was sentenced to 10 years in prison. She is compensated with Rs. 50,000/-

Case 2 : Reintegration

- *Two clients (Manju and Leelawati) who were residing in Mangalashana long term rehabilitation home were successfully reintegrated to their home country India.*
- *Two other clients (Saajan Chaudhary and Bela Rimal) from Mangala Sahana was successfully reintegrated to their respective family.*

Case 3 : Runa

Runa is completely cured from Hepatitis .

6.1. Number of women and girls receiving different services

	Under 5 children	Girls	Women	Total
Safe shelter	0	6	11	17
Medical Treatment	0	6	11	17
Counseling	0	6	11	17
Formal education	0	5	0	5
Informal education	0	1	11	12
Self-employment training	0	1	0	1
Family reintergration, Referral	0	1	4	5
Legal Services	0	1	0	1